

LOUIS BURKMAN

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PROFESSIONAL SUMMARY

Recovery-focused professional and Human Services Counseling student with lived experience in long-term recovery and a passion for supporting individuals seeking positive change. Trained in recovery coaching, motivational interviewing, ethical peer practice, and recovery-oriented care through Maryland CPRS-aligned coursework and continuing education. Brings more than 25 years of leadership, mentoring, conflict resolution, advocacy, and relationship-building experience across diverse environments. Skilled in creating trust-based relationships, promoting self-directed recovery, supporting wellness goals, navigating community resources, and helping individuals identify strengths while building recovery capital. Committed to person-centered, trauma-informed, and strengths-based approaches that empower individuals to achieve and sustain meaningful recovery.

MARYLAND CPRS CERTIFICATION STATUS — 100% CLASSROOM REQUIREMENTS COMPLETED

Maryland Certified Peer Recovery Specialist (CPRS) Candidate

Human Services Counseling Student at Community College of Baltimore County (CCBC)

Successfully Completed: 53.50 Documented Training Hours (CEUs) across 7 specialized certificates & webinars.

All 5 Maryland Board Classroom Domain Minimums Fully Met! Actively pursuing supervised field experience hours required for full CPRS credentialing.

SECTION A — PERSONAL STATEMENT

Why Recovery Work Matters:

My personal recovery journey has given me a deep understanding of the challenges individuals face when seeking change. After many years affected by addiction, I made the decision to begin a new path on September 14, 2024. Through recovery, treatment, and rebuilding my life, I learned the importance of connection, accountability, support systems, and meeting people where they are. My experience has strengthened my ability to listen without judgment, build trust, and encourage others who may feel uncertain about their own ability to change.

This journey inspired me to pursue Human Services Counseling, complete recovery-support training, and work toward becoming a Certified Peer Recovery Specialist. I am combining my lived experience, professional leadership background, and recovery-focused education to help others find hope, stability, and a path toward lasting change.

SECTION B — CORE RECOVERY COMPETENCIES

Recovery / Wellness Support

Decades of experience helping individuals set realistic boundaries, identify personal motivations, recognize inherent strengths, and build actionable recovery paths. Skilled in recovery wellness planning, strengths-based engagement, and supporting self-directed goals.

Advocacy

Dedicated to giving individuals a voice, exercising intentional non-judgmental communication, and helping people navigate complex, high-stress environments. Committed to resource

Mentoring / Education

Over 15 years of executive-level retail and team leadership experience guiding, coaching, and mentoring diverse individuals toward personal and professional milestones. Experienced in group facilitation, performance coaching, and fostering growth through encouragement and accountability.

Ethical Responsibility

Proficient in maintaining strict professional boundaries, protecting participant confidentiality, and adhering to state regulatory documentation standards. Grounded in ethical peer practice principles and trauma-informed approaches.

navigation and empowering others to advocate for their own needs and recovery goals.

SECTION C — ACADEMIC EDUCATION & VERIFIED CPRS TRAINING TRACKER

Human Services Counseling Student — Community College of Baltimore County (CCBC)

Pursuing formal academic degree coursework supporting individuals in behavioral health and recovery services.

Maryland CPRS CEU Domain Progress Dashboard (Updated August 2026)

CERTIFICATION DOMAIN	VERIFIED HOURS	BOARD REQUIRED	STATUS / MARGIN
Harm Reduction	5.00	4.00	MET (+1.00 surplus)
Recovery / Wellness	10.00	10.00	MET (exact)
Ethical Responsibility	16.50	16.00	MET (+0.50 surplus)
Advocacy	10.00	10.00	MET (exact)
Mentoring / Education	12.00	10.00	MET (+2.00 surplus)
TOTAL VERIFIED CEU HOURS	53.50	50.00	ALL DOMAINS MET (+3.50 TOTAL SURPLUS)

Logged Source Documentation & Training Log (7 Completed Certificates):

TRAINING COURSE / ACTIVITY TITLE	PROVIDER / DATE	CEUS	DOMAIN ALLOCATION
CCAR Recovery Coach Academy	CCAR / Frederick Co. Health (7/10/2026)	30.00	Core Peer Support / Multi-Domain
Ethical Excellence in Peer Practice	Dolan Research International (6/5/2026)	6.00	6.0 Ethical Responsibility
Motivational Interviewing	Dolan Research International (6/11/2026)	4.50	4.5 Mentoring / Education
11th Annual Peer Summit	Behavioral Health Admin (6/29/2026)	4.50	0.5 Adv, 0.5 Eth, 1.75 Ment, 1.25 R&W, 0.5 HR
Recovery & Public Safety for Peers (Project ELEVATE)	Dolan Academy / Light of Truth (7/17/2026)	5.50	0.5 Adv, 0.5 R&W, 4.5 Harm Reduction
Voices of Hope Advocacy Webinar	Voices of Hope (8/27/2026)	1.00	1.0 Advocacy
Family Peer Support Webinar	Jennifer Tuerke, CPRS, RPS (8/30/2026)	1.00	0.5 Advocacy, 0.5 Mentoring/ Education
Voices of Hope Ethical Principles Webinar	Voices of Hope (8/30/2026)	1.00	1.0 Ethical Responsibility

SECTION D — PROFESSIONAL EXPERIENCE

Automotive Technician / Maryland State Inspector | *Shahad International*

Sept 2019 – Aug 2024

- Established trust-based relationships through active listening, empathy, and respectful communication with individuals navigating stressful situations.
- Assisted people in identifying realistic solutions, understanding available options, and making informed decisions during difficult circumstances.
- Demonstrated professionalism, accountability, and ethical responsibility while maintaining accurate documentation and regulatory compliance.
- Practiced patience, relationship building, and effective communication when supporting individuals experiencing frustration or life stressors.

Automotive Technician | *Rodd Smith Auto Design*

Mar 2015 – Aug 2018

- Built strong interpersonal relationships through consistent communication, active listening, and a person-centered approach to problem-solving.
- Supported individuals in identifying goals, evaluating options, and developing practical action plans to address challenges.
- Demonstrated reliability, accountability, and adaptability while helping clients navigate complex situations.

General Manager | *Advance Auto Parts*

Feb 2005 – Apr 2014

- Recruited, coached, mentored, and supported diverse individuals in achieving personal and professional goals through strengths-based leadership.
- Created an environment of accountability, respect, and inclusion that encouraged growth, learning, and self-confidence.
- Utilized conflict resolution and de-escalation techniques to navigate challenging situations while preserving dignity and promoting positive outcomes.
- Maintained confidential personnel information and exercised sound ethical judgment when addressing sensitive matters.

General Manager | *High's Dairy Store*

Sept 2001 – Aug 2005

- Mentored and developed employees through coaching, encouragement, and goal-oriented support.
- Fostered a welcoming and supportive environment focused on communication, teamwork, and mutual respect.
- Assisted individuals in overcoming workplace challenges by using active listening, problem-solving, and strengths-based guidance techniques.

SECTION E — SUPPORTING DOCUMENTATION & CERTIFICATES INDEX

The following official certificates and documentation are attached immediately following this page to form the complete verified record for the 53.50 CEU training hours claimed in this portfolio:

1. **CCAR Recovery Coach Academy Certificate** — Completed July 10, 2026 · 30.0 CE Credits · Frederick County Health Department / CCAR / NAADAC Approved.
2. **Ethical Excellence in Peer Practice Certificate** — Completed June 5, 2026 · 6.0 CEUs (Ethical Responsibility) · Dolan Research International · Course #2613.
3. **Motivational Interviewing Certificate** — Completed June 11, 2026 · 4.5 CEUs (Mentoring / Education) · Dolan Research International · Course #2614.
4. **11th Annual Peer Summit Certificate** — Completed June 29, 2026 · 4.5 CEUs (0.5 Advocacy, 0.5 Ethics, 1.75 Mentoring, 1.25 Recovery & Wellness, 0.5 Harm Reduction) · BHA Approval #R-65493.
5. **Recovery & Public Safety for Peers Certificate (Project ELEVATE)** — Completed July 17, 2026 · 5.5 CEUs (0.5 Advocacy, 0.5 Recovery & Wellness, 4.5 Harm Reduction) · Dolan Academy / Light of Truth.
6. **Voices of Hope Advocacy Webinar Certificate** — Completed August 27, 2026 · 1.0 CEU (Advocacy) · Voices of Hope · MABPCB Provider #EP65377-EP.
7. **Family Peer Support Webinar Certificate** — Completed August 30, 2026 · 1.0 CEU (0.5 Advocacy, 0.5 Mentoring/Education) · Jennifer Tuerke, CPRS, RPS · MABPCB Provider #EP-65377-EP.

8. Voices of Hope Ethical Principles Webinar Certificate — Completed August 30, 2026 · 1.0 CEU (Ethical Responsibility) ·
Voices of Hope · MABPCB Provider #EP65377-EP.

This portfolio supports applications for Certified Peer Recovery Specialist (CPRS), Peer Recovery Support Specialist, or Recovery Associate positions in Maryland.



Center for Addiction Recovery Training

75 Charter Oak Ave
Building 1, Suite 305
Hartford, CT 06106

CERTIFIES THAT
Louis Burkman

COMPLETED THE FOLLOWING ACTIVITY ON

Friday, July 10, 2026

CART-27-RCA001-063 Recovery Coach Academy

RCA001 Recovery Coach Academy

This course has been approved by Connecticut Community for Addiction Recovery (CCAR), as a NAADAC Approved Education Provider, for educational credits. NAADAC Provider #195293, CCAR is responsible for all aspects of the programming.

Presenter(s): JEFFREY D THOMPSON, MHA, RCP-F (primary), cher Rivers

held at:

Frederick County Health Department

and is Awarded:

30.0 CE Credits AWARDED

CERTIFICATE

OF SUCCESSFUL COMPLETION

ACTIVITY TITLE

Ethical Excellence in Peer Practice

IS AWARDED TO

Louis Burkman

June 5, 2026

6 Hrs ER

2613

Dolan Research International, LLC
25 E. 2nd Street, Suite #12, Frederick, MD 21701

An MABPCB Approved Continuing Education Activity
Provider ID: EP-65415-3

DOLAN
RESEARCH INTERNATIONAL



CERTIFICATE

OF SUCCESSFUL COMPLETION

ACTIVITY TITLE

Motivational Interviewing

IS AWARDED TO

Louis Burkman

June 11, 2026

4.5 ME Hours

Course #2614

Dolan Research International, LLC
25 E. 2nd Street, Suite #12, Frederick, MD 21701

An MABPCB Approved Continuing Education Activity
Provider ID: EP-65415-3

DOLAN
RESEARCH INTERNATIONAL



11 Annual Peer Summit (Virtual) on June 29, 2026

This training is approved by the Maryland Addictions and Behavioral-health Professional Certification Board (MABPCB) to carry the following CEUs: 4.5 (0.5 Advocacy, 0.5 Ethical Responsibility, 1.75 Mentoring and Education, 1.25 Recovery and Wellness, 0.5 Harm Reduction)

BHA Approval Number R-65493



CERTIFICATE

OF SUCCESSFUL COMPLETION

ACTIVITY TITLE

Recovery and Public Safety for Peers

IS AWARDED TO

Louis Burkman

July 17, 2026

A 0.5, R/W 0.5, HR 4.5

2616

Dolan Research International, LLC
25 E. 2nd Street, Suite #12, Frederick, MD 21701

An MABPCB Approved Continuing Education Activity
Provider ID: EP-65415-3

DOLAN
RESEARCH INTERNATIONAL



has completed the Voices of Hope Advocacy Webinar
1 CEU in the Advocacy domain.

August 27, 2026

Erin Wright, CPRS, RPS

Erin Wright, CPRS, RPS
MABPCB Educational
Provide EP65377-EP



Family Peer Support Webinar

Awarded .5 CEUs in Advocacy and .5 CEUs in
Mentoring/Education
August 30, 2026



Jennifer Tuerke, CPRS, RPS

Jennifer Tuerke, CPRS, RPS
MABPCB Educational Provider
EP-65377-EP



has completed Ethical Principles Webinar Training and is
awarded 1 MABPCB Approved CEU in Ethics

August 30, 2026

Erin Wright, CPRS, RPS

MABPCB EDUCATIONAL PROVIDER

NUMBER - EP65377-EP