

Joanne Rupp

Rockville, MD 20850 • (443) 829-7772 • joannemrupp75@gmail.com

Professional Summary

Compassionate and dedicated Peer Recovery Specialist with a strong foundation in supporting individuals navigating mental health, substance use, and cognitive challenges. Combines personal recovery experience with motivational interviewing and active listening to build trusting alliances. Skilled in recovery planning, crisis de-escalation, WRAP facilitation, and community resource linkage. Dedicated to empowering peers toward sustained wellness and autonomy through trauma-informed, person-centered care.

Core Competencies

Peer Recovery Support • Mental Health & Substance Use Advocacy • Crisis Intervention • WRAP & Goal Planning • Motivational Support • Individual & Group Facilitation • Trauma-Informed Care • Harm Reduction • Community Resource Navigation • Case Coordination

Professional Experience

Peer Recovery Specialist August 2026 – Present

STEP Clinic (First Episode Psychosis) – Affiliated Santé Group | Silver Spring, MD

- Provide specialized, trauma-informed peer support and recovery mentorship to adolescents and young adults experiencing first-episode psychosis.
- Facilitate individual and group sessions leveraging shared lived experience and motivational interviewing to reduce stigma and foster hope.
- Collaborate within a multidisciplinary clinical team (psychiatrists, clinicians, case managers) to align person-centered care plans.
- Guide peers in community resource linkage, educational and vocational goals, life skills development, and self-advocacy.

Home Health Aide (HHA) February 2025 – September 2025

Private Client – Deborah Proffitt | Gaithersburg, MD

- Delivered direct daily care, mobility assistance, and medication administration for an elderly client managing dementia and injury recovery.
- Coordinated healthcare appointments, specialized transit, nutrition planning, and medical supply replenishment.
- Maintained a secure, structured home environment while fostering companionship, emotional stability, and autonomy.

Education & Professional Credentials

Recovery Coach Academy Certification (CCAR) March 2026

Computerized Business & Office Technology – Accutech Business Institute | Frederick, MD

Certified Peer Recovery Specialist (CPRS) Training: Psychiatric Advance Directives • Harm Reduction • Family Peer Support • Recovery Coaching • Narcan Train-the-Trainer • Stages of Change • SMART Goal Development • Trauma & Psychosis Awareness • Peer Advocacy • Recovery Storytelling • Mental Health & Behavioral Health Stigma Reduction • Emotional Wellness • Social Wellness • Intellectual Wellness • Environmental Wellness • Sexual Health Education • Ethical Considerations in Peer Recovery • Mentoring & Education • Adolescent Mental Health Advocacy • Street Outreach • Optimal Health and Wellness • Peer Reduction • Intentional Peer Support • Peer Storytelling • Professionalism • Navigating CPRS Application