# Natasha Vincent

## CPSS, FPSS, CCM, CCW

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## SKILLS

I have strong skills in peer support, crisis intervention, de-escalation, group facilitation, case management, trauma-informed care, medication management, documentation, client advocacy, communication, and building trust with individuals in recovery. I bring compassion, accountability, leadership, and lived experience to help others achieve lasting recovery.

## EXPERIENCE

**Weber Recovery Center, Ogden** - *CPSS*

August 2026-Present

- Run recovery groups. Teach IOP, monitor clients phone calls.
- Hourly role, make sure clients eat, be present in groups, and ensure client safety.

**YCC Ogden, UT-** *CPSS, Shelter Advocate*

June 2025-August 2026

- Maintained confidentiality and established appropriate professional boundaries with residents.
- Provided compassionate trauma informed support to survivors of domestic violence & individuals experiencing crisis. Conducted crisis intervention, emotional support, active listening & de-escalation during high-stress situations. Assisted residents with safety planning & identifying immediate & long term safety needs.

## EDUCATION

**Northridge High School** - *Diploma*

August 2004-June 2007

## Certifications

CPSS, Family Peer Support Specialist, Certified Case Management, Certified Crisis Worker, CALM, CPR, and Forensic Peer Support Specialist.